



418 Washington Street • Quincy, IL 62301 • (217) 223-2636

REPORT FROM ADMINISTRATION

Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble. (1st Peter 3:8)

Compassion is a word we throw around in our profession, kind of like person centered, quality of care, homelike and other feel good terms that we all hope are practiced in our facilities. This past year in particular the need for compassion has been demonstrated. In the best of times, our seniors face isolation and loneliness when admitted to a long term care facility. They have given up so much of their independence and personal attachments; the transition to being cared for 24-7 is a hard one to make. Therefore, it is important that we as an organization, and more specifically, our front line care workers show them compassion on a daily basis.

Compassion is defined as "an emotion that is a sense of shared suffering, most often combined with a desire to alleviate or reduce the suffering of another; to show special kindness to those who suffer." Compassion essentially comes through empathy, and is characterized through actions, wherein a person acting with compassion will seek to aid those they feel compassionate for. I think the key word here is "empathy." We can feel sympathy for someone or a particular situation and want to reach out to help, but with empathy, we can actually put ourselves in the other person's shoes and feel the same pain or emotion they are feeling.

June 2021

I think most people who go into the healthcare profession, at any level, have a sense of caring and compassion, but to also have empathy is vital in meeting the emotional needs of those we care for.

This past year, it has been easier to feel empathy for our seniors, because we as a staff, as well as society as a whole have also been isolated from our loved ones for extended periods of time. More than anything else, our seniors want compassionate caregivers. We read in Romans 12:15, "rejoice with those who rejoice; and mourn with those who mourn." I'm sure that many times this year, family members would have given anything to be able to rejoice with their loved one for a birthday or other special occasion in their life; or mourn with them as they lay here with COVID or some other ailment, but with the restrictions on visitation, this was not possible. That is where our staff had to be there for them and help see them through this period of time. I am so proud and appreciative of all of our staff that has gone the extra mile to make this time easier for our seniors. The media has dubbed all healthcare workers as "Heroes," and I have to agree.

Although we are not totally done with dealing with this pandemic, we are beginning to see some light at the end of the tunnel. To see the joy on our seniors' faces as they are once again able to visit and hug their family members, able to once again socialize at mealtime or in activities, is such a good feeling. I can only hope and pray that this continues and we don't have to go backwards again. In the meantime, as the verse says, love one another, be compassionate and humble and continue our mission of "Sharing the love of Jesus Christ through life in a caring community."

Jerry Neal, Administrator

APARTMENTS & VILLAS

New Residents:

- Marydot Hunziker
- Janet Rehak & Robert Rehak

Birthdays:

- Majorie Spoonmore
- Gloria Bickhaus
- Loretta Jackson
- Carl Terry
- Elaine Miller
- Debbie Nobis
- Christine Ash

We continue to add more outside entertainment for our tenants to enjoy. We are keeping busy planting flowers and sprucing up the outside of our building when the weather allows. We are always offering ways to help our tenants stay healthy, whether it's through activities, daily exercise, or having a guest educational speaker. June is stroke awareness month and Dr. Kimi Yuchs will be here to provide valuable information for our residents.

Sandy Wieprecht

Director

Sunset Apartments & Villas

REPORT FROM SOCIAL SERVICES

Admits:

Karen "Jean" Barnes, Donald Emery, Marylan Harig, Connie Huston, Duane Lanchester, John Roberts, Danny Schnier, Charles Vahle, Bernice Walz, Sandra Young

Discharged:

Gail Beard, Janice Harman, Josephine McPherson, Patricia Musholt, James Ponsot, Sandra Young

RESIDENT BIRTHDAYS

Janice Siebers, June 1

Virginia Schnier, June 12

Earlene Hinch, June 22

Alberta Flachs, June 30

REPORT FROM THERAPY

Tara Smith, COTA (pictured below) is pregnant with her second child. This picture was taken for nursing home week and favorite team day.

We have recently hired a new speech therapist, Ashley Strieker, SLP. Ashley will start June 6th. We'll provide more detail once Ashley has started.

Terry Montgomery, PTA/DOR
Sunset Home



CELEBRATING DADS EVERYWHERE

Father's Day, the third Sunday each June, is a holiday that got its start in the U.S. back in the 1900s. Today, about 160 countries across the globe have a day set aside to honor dads.



NURSING HOME WEEK CELEBRATION

We celebrated Nursing Home Week with daily themes and activities! Take a peek at a few of the fun moments we had!



STAY CONNECTED

Follow us on Facebook to see the latest happenings at Sunset Home!

Word Search

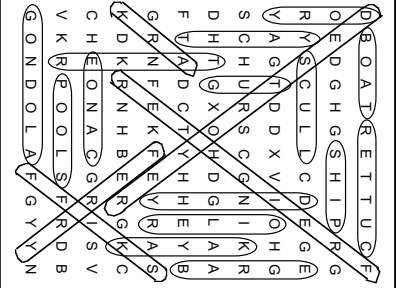
Category: Watercraft

D B O A T R E T T U C F
O E D G H G S H I P R G
R Y S C U L L C D E G E
Y A G T D D X V I O H G
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D H T G X O H D G L A A
F T A D C T Y H H E Y B
G R N F E K F E Y R A S
K D K R N H B E R G K C
C H E O N A C G R I S V
V K R P O O L S F R D B
G O N D O L A F G Y Y N

1. Tanker
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Word Search Solution:

1. Ark
2. Barge
3. Boat
4. Canoe
5. Cutter
6. Destroyer
7. Dinghy
8. Dory
9. Ferry
10. Freighter
11. Gondola
12. Kayak
13. Oiler
14. Scull
15. Ship
16. Skiff
17. Sloop
18. Tanker
19. Tug
20. Yacht



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